## **Pasta Tuesdays**

We are very excited to be introducing Pasta Tuesdays this year! MMEA catering will be delivering fresh pasta entrees to our school each Tuesday beginning on October 2, 2018.

MMEA Catering is family owned and operated. MMEA originally opened their doors in Alliston in 2009 and have been operating out of Stayner for the past 4 years.

Michele Frustaci has been cooking home made Italian food since he was a little boy living in Calabria, Italy. He enjoys cooking and seeing how much people enjoy his authentic cuisine. Michele has been serving SCDSB schools for several years from both Alliston and Stayner, providing students with healthy, home cooked lunches that fill tummies and warm hearts! Meals are freshly prepared the morning of delivery to the school!

Admiral will be offering the following options every Tuesday at \$5.00 each (includes napkins and forks):

- Penne Pasta with Tomato Sauce and Parmesan Cheese
- Penne Pasta with Meat Sauce and Parmesan Cheese
- Penne Pasta with Butter and Parmesan Cheese
- Gluten-free Pasta with Tomato Sauce and Parmesan Cheese
- Gluten-free Pasta with Meat Sauce and Parmesan Cheese
- Gluten-free Pasta with Butter and Parmesan Cheese
- Chicken Parmesan (bite sized pieces) with Tomato Sauce and 1 slice of Whole Wheat Bread
- Meat Lasagna

Orders must be placed through School Cash Online.